



## School Council Minutes

**Date of Meeting:** 23.1.2025

**In Attendance:** Y2 – Blossom, Y3 – Mikey-Leigh and Lacie, Y4 – Evie and Joel, Y5 – Olly and Poppy, Y6 – Isabella, Laurie, Luca and Sienna

**Apologies:** Alfie

**Agenda:**

1. Welcome
2. Children's Mental Health Week – 3<sup>rd</sup>-7<sup>th</sup> February 2025
3. Pupil Voice – My Happy Mind
4. Any Other Business
5. Date of next meeting

Agenda Point	Discussion	Actions to be taken and by whom
1. Welcome	<p>Miss Ackroyd welcomed everyone to the meeting.</p> <p>Minutes were shared with and checked by the children and Miss Ackroyd reminded the school council about the meaning of terms such as agenda, minutes and AOB (any other business).</p>	
2. Children's Mental Health Week – 3 <sup>rd</sup> -7 <sup>th</sup> February 2025	<p>Miss Ackroyd talked to the children about the week and its importance. Each day over lunch a different activity will be held that children can choose to engage with to promote positive mental health. The school council had a discussion around what they would like to do on the Tuesday. The below was agreed:</p> <p>The Nook – a calm space for children to go and relax. Calming music/guided meditation, lowered lights and sensory effects. Bean bags for comfort – Evie/Mikey and Joel to support.</p> <p>Year 4 classroom. 'Inside Out' film on, books to reading and mindfulness colouring in. Poppy/Olly and Lacie to support. Miss Ackroyd to support across both rooms.</p>	<p>School council members to feedback to classes</p> <p>Miss Ackroyd to share information with staff and parents/carers</p>
3. My Happy Mind	<p>Miss Ackroyd asked the school council to speak to children in their classes 'My Happy Mind' and what impact they feel it is having on school so far.</p>	<p>School council members to speak to classes and bring back to the next meeting</p>

	<p>Student voice quotes for Safeguarding Newsletter.</p> <p>In Year 4 we like 'happy breathing'. It's relaxing and resets our brains! - Evie  The quizzes are fun and help us remember what we have learnt Sienna-Year 6  I enjoy learning about my character strengths Mikey Lee- Year 3</p>	
4. AOB	<p>Suggestions box. It was noted by the school council that there hadn't been anything in the suggestions box for a while. Miss Ackroyd suggested that perhaps children needed to be reminded about what and where it is.</p>	<p>Miss Ackroyd/school council to speak to whole school in worship on Monday to remind everyone about the suggestion box</p> <p>School council members to speak to classes to remind</p>
5. Date of next meeting	<p>Wednesday 5<sup>th</sup> February 2025 @ 12.30pm</p>	